

the sequatchie valley institute at moonshadow

invites you to the eleventh annual

food for life in the new millenium

a gathering about the source and protection of life
held in beautiful rural tennessee

may 21-31, 2009

our eleventh annual comprehensive food conference includes skill-building workshops as well as discussion-oriented political dialogues.

learn various food preservation strategies including canning, fermentation (sauerkraut, kimchi, tempeh, wine, beer, mead and champagne) as well as different methods of cooking, diet choices, health and nutrition.

attend workshops on edible and medicinal plants, seed saving, permaculture, biodynamic and organic gardening practices.

engage in theoretical and political explorations of the social and ecological implications of industrial agriculture. discuss strategies for mobilizing against biotech and agribusiness, and promoting sustainable community-based food systems instead of global monopolies.

contact moonshadow for further information about the schedule and fees.

all workshops at the sequatchie valley institute are intentionally affordable using a sliding scale based on your income. food exchange is available.

for more information:
(423) 949-5922
www.svionline.org

see you there!

