



the sequatchie valley institute
at moonshadow
invites you to the ninth annual



food for life in the new millenium



a gathering about the source and protection of life
held in beautiful rural tennessee



june 22-24, 2007

our ninth annual comprehensive food
conference includes skill-building
workshops as well as discussion-oriented
political dialogues.



learn various food preservation strategies
including canning, fermentation
(sauerkraut, kimchi, tempeh, wine, beer,
mead and champagne) as well as different
methods of cooking and diet choices, health
and nutrition.



attend workshops on edible and medicinal
plants, seed saving, permaculture, biodynamic
and organic gardening practices.



engage in theoretical and political
explorations of the social and ecological
implications of industrial agriculture.
discuss strategies for mobilizing against
biotech and agribusiness, and
promoting sustainable community-based
food systems instead of global monopolies.



contact moonshadow for further information
about the schedule and fees.



all workshops at the sequatchie valley
institute are intentionally affordable using
a sliding scale based on your income.
food exchange is available.



for more information:
(423) 949-5922
www.svionline.org

see you there!